

### Basic Gear for Day trips at Orton Bradley Outdoor Education Centre

- all items should be named
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- Comfortable clothing suitable for weather and time of year
- Warm fleece jacket or woollen jersey
- Polypropylene (or wool) top and long johns
- Rain coat
- Warm hat
- Sunhat
- Sunscreen
- Water bottle
- Sturdy shoes or tramping boots
- Day pack
- Lunch

### Water activities

If kayaking, raft building, coasteering, or swimming are included in your programme, then also bring

- Togs
- Towel
- Wetsuit if you own one
- More polypro tops/long johns
- An extra pair of sneakers you can get wet