

Basic Gear for over night camps at Orton Bradley Outdoor Education Centre

- all items should be named
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- o Tent
- o Sleeping bag
- o Sleeping mat
- o Pillow (optional)
- o Toiletries (toothpaste/toothbrush etc)
- o Towel
- o Long trousers
- o Shorts
- o T-shirts
- o Socks (include thick woollen socks if tramping)
- o Underwear
- o Warm fleece jacket or woollen jersey
- o Polypropylene (or wool) top and long johns
- o Rain coat
- o Warm hat
- o Sunhat
- o Sunscreen
- o Water bottle
- o Sturdy shoes or tramping boots
- o Comfortable shoes or gum-boots for around camp
- o Plate/bowl/knife/fork/spoon/mug (not breakable, please) & tea-towel
- o Day pack
- o Torch and spare batteries
- o Lunch for the first day

Water activities

If kayaking, raft building, coasteering, or swimming are included in your programme, then also bring

- o Togs
- o Wetsuit if you own one
- o More polypro tops/long johns
- o An extra pair of sneakers you can get wet